

SYNERGY Football Club '93/'94

U16 Team 2009-2010

The Club: SYNchronized +EnERGY = SYNERGY Football Club

Synergy Football Club is a Premier Youth Soccer Organization established in 2005. Synergy FC is registered with the Vermont Youth Soccer Association (VSA), US Youth Soccer Association (USYSA), US Club Soccer, and is a member of US Youth Soccer Region I.

The mission of **Synergy Football Club** is to provide the best possible football (soccer) and life experiences to our players and, in turn, become the Premier Player Development club in the State, Region and Nation.

Synergy Football Club is constantly striving to create a professional, healthy, and positive environment, which will allow all players the opportunity to reach their optimal level of playing all aspects of the game: ***Technical, Tactical, Physical, and Psychological.***

Integrated in this is the building and enhancement of character, integrity, honesty, passion, self-esteem, self-confidence, team work, leadership, respect for others and all of the inherent benefits of leading a disciplined and balanced athletic ***Lifestyle.***

At Synergy the term ***Total Player Development*** is taken very seriously. Developing players to a high standard both on and away from the field is not an easy undertaking and requires tremendous knowledge, dedication, and patience.

We are constantly striving for excellence in everything from the training sessions and match play to appearance and conduct standards within the club and with the general public.

The Coaches:

Hugh Brown will serve as Head Coach and Trainer with the ***Synergy FC '93/'94 (U16) Boys in 2009-2010.***

Don McCormick will serve as Assistant Coach during the 2009-2010 campaign. Don is entering his second year as Assistant Coach and third year with Synergy Football Club.

Hugh holds an 'A' license from the United States Soccer Federation and is entering his 13th year as a professional coach.

Hugh is a native of Atlanta, Georgia and moved to Vermont in 2003 when he was hired as Assistant Men's Coach at the University of Vermont by NCAA coaching legend Roy Patton.

In addition to coaching at the highest levels of US Youth Soccer, Hugh spent seven years coaching at the collegiate level, eight years with the Olympic Development Program (ODP) in Region III (southeast), and has coached with top teams in the Professional Development League (PDL) and A-League (USISL Division I).

Training Facilities:

All Synergy FC Teams will seek opportunities to train and play at the finest facilities available.

The primary indoor training site (November-April) for SFC is The Field House in Shelburne, Vermont.

SFC Teams split outdoor training sessions (April-July) between The Field House – outdoor fields and the Tree Farm Recreational Complex in Essex, Vermont.

In 2009-2010 Synergy Teams may also hold special training sessions and mini-camps at additional locations including Golden Goal Soccer Park (Fort Ann, NY) and the Adirondack Sports Complex (Glenn Falls, NY).

The 2009-2010 Competition Schedule: (Tentative)

Las Vegas Mayor's Cup – February 2010 – Las Vegas, Nevada
Scorpion Bowl – March 14, 2010 – Massachusetts
College Classic – April 12, 2010 – Lancaster, Massachusetts
Region I Premier League – March thru April 2010
US Club Soccer Regional – May 2010 – New York
US Youth Soccer State Cup – June 2010 - Vermont
US Youth Soccer Regional Championships – July 2010 – Barboursville, WV

* Schedule subject to change.

Selection Process:

Throughout the year SFC is always open to new/qualified players interested in joining a team. A new player may be signed at any time during the year as long as the player is not under contract with another club or obtains an official release from his club.

Contact Information:

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“Dedicated to Total Player Development On and Away from the Field”